

The Kettle Moraine Figure Skating Club 9th Annual "Compete With Us" Competition

December 1, 2007



The 9th Annual Basic Skills Competition sponsored by the Kettle Moraine Figure Skating Club of West Bend, Wisconsin will be held at the Kettle Moraine Ice Center, 2330 S. Main St., West Bend, WI 53095 on **Saturday, December 1, 2007**. For additional information, please contact Allison Brown at allyebrown@yahoo.com or (920) 918-6036 Or Angela Dowidat at adowidat@yahoo.com or (920) 251-3553

ELIGIBILITY – The competition is open to ALL skaters who are current eligible (ER1.00) members of either the US Figure Skating Basic Skills program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Skaters who have passed no higher than the preliminary free skating, preliminary moves in the field, preliminary dance or adult bronze free skating tests and are currently enrolled in either a Basic Skills program or are full members are eligible to compete. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. Skaters must compete at highest level passed as of the designated closing date for entries. Skaters who have passed any complete official U.S. Figure Skating tests no longer qualify to compete in the badge levels (i.e. Snowplow Sam, Basics, Freeskate). Please note: If a skater competes at a non-qualifying competition in a "Beginner or No Test" category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

ENTRIES AND FEES – All entries must be postmarked no later than **November 5, 2007** and are limited to the first 150 applications received. Late entries will be accepted only if the limit has not been reached, at the discretion of the organizers. Entry fees are per person, U.S. dollars. The first event is \$30.00 and each additional event is \$15.00. NO refunds after closing date, unless event is canceled by the Kettle Moraine Figure Skating Club. ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with fee, check made payable to KMFSC (Kettle Moraine Figure Skating Club). There will be a \$20.00 fee for returned checks.

AWARDS – Everyone will receive an award. All events will be final rounds. Medals will be awarded to first, second, and third places. ALL other places will receive ribbons. ALL awards will be handed out at appropriate times throughout the competition.

SCHEDULE OF EVENTS – Skaters names and event times will be posted the on the KMFSC bulletin board and website, www.kettlemorainefsc.org no later than November 19, 2007. If you would like to receive the schedule by mail you must provide a self addressed, stamped, #10 envelope with your registration form.

MUSIC – The music for all free skating programs must be provided on cassette tapes or CD's by the skater. Tapes should be clearly marked with the name of the skater, event entered and length of music (not skating time) and rewind. Only one song per tape or CD. Competition music is to be turned in at the time of registration. Please remember to pick up your music. KMFSC will not return any music left at the rink. Time duration is always + or – 10 seconds.

EVENTS –

- *Elements – Basic Skills 1 - 8
- *Basic Programs – Basic Skills 1 - 8
- *Freeskate 1-6 Compulsories
- *Freeskate 1-6 Program
- *Limited Beginner and Beginner Freeskate Program
- *Limited Beginner and Beginner Compulsory Program
- *Pre-Preliminary A and B and Preliminary Freeskate Program
- *Pre-Preliminary A and B and Preliminary Compulsory Program
- *Adult Pre-Bronze and Bronze Freeskate Program
- *Adult Pre-Bronze and Bronze Compulsory Program

ELEMENTS EVENT – BASIC SKILLS 1-8

- To be skated on ½ or 1/3 sheet of ice
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element only when directed by a judge or referee.

REQUIRED ELEMENTS:

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles - 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles - 6-8 in a row

Basic 2

1. Forward one foot glide-either foot
2. Backward two foot swizzles - 6-8 in a row
3. Two foot turn in place-forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line-across width of ice

Basic 3

1. Forward stroking across width of ice
2. Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise - 6-8 consecutive
3. Moving forward to backward two foot turn-either direction
4. Backward one foot glide-either foot
5. Two foot spin

Basic 4

1. Forward outside edge on a circle-clockwise or counterclockwise
2. Forward crossovers - 6-8 consecutive-both directions
3. Forward outside 3 turn - R and L
4. Backward stroking
5. Backward snowplow stop - R or L

Basic 5

1. Backward outside edge on a circle - clockwise or counterclockwise
2. Backward crossovers - 6-8 consecutive-both directions
3. One foot spin-minimum of 3 revolutions
4. Hockey stop
5. Side toe hop-either direction

Basic 6

1. Forward inside 3 turn - R and L
2. T stop - R or L
3. Bunny Hop
4. Forward spiral on a straight line - R or L
5. Lunge - R or L

Basic 7

1. Forward inside open Mohawk - R to L and L to R
2. Ballet jump-either direction
3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside three turns - R and L
2. Waltz Jump
3. Mazurka-either direction
4. Combination move-clockwise or counterclockwise (from Basic 8 Curriculum)
5. Beginning one foot upright spin, optional free foot position

BASIC PROGRAMS (BASIC SKILLS 1-8) – with music

- The skating order of the required elements is optional
- The elements are not restricted as to number of times element is executed, or length of glides, number of revolutions in a spin etc., unless otherwise stated
- Minimum number of connecting steps are allowed
- May use vocal music.
- May use elements from a previous level. Deductions will be made if elements from a higher level are skated
- **Time 1:00 +/- 10 sec., to be skated on full ice**

REQUIRED ELEMENTS:

Basic 1 & 2 Program

1. Glide forward and dip
2. Moving snowplow stop
3. Forward two-foot swizzles
4. Backward skating (wiggles or swizzles)

Basic 3 & 4 Program

1. Backward 1/2 swizzle pumps on a circle - clockwise or counter clockwise
2. Two-foot spin
3. Forward crossovers - minimum of 5 consecutive, clockwise or counter clockwise
4. Backward one foot glide - R or L

Basic 5 & 6 Program

1. Backward crossovers - minimum of 5 consecutive, clockwise or counter clockwise
2. One-foot spin
3. Bunny hop
4. Forward (arabesque spiral) on a straight line - R or L

Basic 7 & 8 Program

1. Beginning one foot upright spin, optional free foot
2. Mazurka or ballet jump
3. Waltz jump
4. Combination move (Basic 8 curriculum one set only)

COMPULSORY PROGRAMS-REQUIRED ELEMENTS

- The skater must demonstrate the required elements and may use any additional elements from previous levels (where applicable, no elements from higher level may be used.)
- The skating order of the required elements is optional
- To be skated on ½ sheet of ice-no music permitted
- In program form, using a limited number of connecting steps
- Time: 1:00 or less
- Deductions will be made if elements from a higher level are performed
- Compulsory program must be the same level as the freeskate program

Required Elements for Compulsory Programs:

Freeskate level 1 Compulsory

1. Advanced Forward Stroking (4-6 consecutive strokes)
2. Basic forward outside and inside consecutive edges (2-4 outside and 2-4 inside edges)
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half Flip jump

Freeskate level 2 Compulsory

1. Forward outside spiral (R or L) and a forward inside spiral (R or L)
2. Waltz three's (R or L)
3. Beginning Back Spin-entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Freeskate level 3 Compulsory

1. Forward crossovers in a figure eight
2. Advanced forward outside swing rolls (4-6 consecutive)
3. Back spin
4. Salchow jump
5. Waltz jump / toe loop combination or Salchow / toe loop combination

Freeskate level 4 Compulsory

1. Spiral sequence: forward inside spiral, forward inside Mohawk, backward outside spiral, clockwise or counter clockwise
2. Forward power three turns, two to three consecutive sets (R or L)
3. Sit spin
4. Loop jump
5. Waltz jump, loop combination

Freeskate level 5 Compulsory

1. Spiral sequence: forward outside spiral, forward outside three turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright to back upright spin
4. Loop/Loop combination
5. Flip jump

Freeskate level 6 Compulsory

1. Five step mohawk sequence (1 set alternating pattern)
(refer to Basic Skills curriculum Freeskate level 6)
2. Camel/sit combination spin, minimum of 4 revolutions
3. Split or stag jump
4. Waltz jump/half loop/Salchow combination
5. Lutz jump

Limited Beginner Compulsory

1. Split jump or half flip
2. Waltz jump
3. Forward lunge
4. Spin in an upright position (minimum 3 rev.)

Beginner Compulsory

1. Salchow
2. Waltz jump/toe loop combination
3. Forward spiral
4. Spin in an upright position (minimum 3 rev.)

PrePreliminary A&B Compulsory

1. Single jump (no axel, may not be repeated in combination jump)
2. Single/single jump combination (no axel)
3. Forward spiral
4. Forward scratch spin (minimum 3 rev.)

Preliminary

1. Single jump (axel allowed, not not be repeated in combination)
2. Single/single jump combination (axel allowed)
3. Forward spiral
4. Sit spin (minimum 3 rev.)
5. Forward power 3-turns (minimum 2)

Adult PreBronze Compulsory

1. Split jump or half flip
2. Waltz jump
3. Forward lunge
4. Spin in an upright position (minimum 3 rev.)

Adult Bronze Compulsory

1. Salchow
2. Waltz jump
3. Forward spiral

FREESKATE PROGRAM 1-6-WITH MUSIC

- Groups must be divided by age and level
- Program duration 1:30 + or – 10 sec
- Vocal music allowed.

- Skated on full ice
- The skating order of the required elements is optional
- Deductions will be made if elements from higher level are performed

Programs must contain the following required elements in any order:

Freestyle level 1

1. Advanced Forward Stroking (4-6 consecutive strokes)
2. Forward outside or inside consecutive edges (2-4 edges)
3. Scratch spin from back crossovers
4. Waltz jump from back crossovers
5. Half Flip

Freestyle level 2

1. Forward outside spiral (R or L)
2. Waltz three's (R or L)
3. Beginning Back Spin
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Freestyle level 3

1. Forward crossovers in a figure eight
2. Advanced forward outside swing rolls (4-6)
3. Back spin with the free foot in a crossed leg position
4. Salchow
5. Waltz jump / toe loop combination or salchow / toe loop combination

Freestyle level 4

1. Spiral sequence: forward inside spiral, forward inside Mohawk, backward outside spiral, clockwise and counter clockwise
2. Forward outside power three turns, two to three consecutive sets (R or L)
3. Sit spin
4. Loop jump
5. Waltz jump, loop combination

Freestyle level 5

1. Spiral sequence: forward outside spiral, forward outside three turn, one backward crossover, back inside spiral
2. Camel spin
3. Forward upright to back upright spin
4. Loop/Loop combination
5. Flip

Freestyle level 6

1. Five step mohawk sequence (1 set alternating pattern) (refer to Basic Skills curriculum Freestyle level 6)
2. Camel/sit combination spin, minimum of 4 revolutions
3. Split or stag jump

4. Waltz jump/half loop/Salchow combination
5. Lutz jump

Limited Beginner Freeskate Program – May not have passed any official USFS free skating tests higher than Basic Skills badge levels. Elements limited to ½ jumps, toe loops, salchows, and upright spins. Program time = 1 to 1½ min.

Beginner Freeskate Program - May not have passed any official USFS free skating tests higher than Basic Skills badge levels. Elements limited to single jumps. No axels or double jumps permitted. No flying spins or combination spins are permitted. Program time = 1 to 1½ min.

PrePreliminary A – May not have passed free skating tests higher than PrePreliminary. No axels or double jumps permitted. Program time = 1½ min.

PrePreliminary B - May not have passed USFS free skating tests higher than PrePreliminary. Axels allowed. Double jumps are not permitted. Program time = 1½ min.

Preliminary Freeskate Program- Must have passed no higher than USFS preliminary free skate test. Program time = 1½ min.

Adult Pre-Bronze Freeskate- Must have passed no higher than the Adult Pre-Bronze Freeskating Test. Program time = 1½ min.

Adult Bronze Freeskate- Must have passed no higher than the Adult Bronze Freeskating Test. Program time = 1½ min.

KMFSC Basic Skills Competition Entry Form

Name _____ Age _____ Sex _____
Last First

Address _____

City _____ State _____ ZIP _____

Email address _____ Area Code/Phone _____

Birth date _____ USFSA Number _____

Current Skating Level _____ Last USFSA Level Passed _____

Program/Club affiliation _____ Instructor's name _____

PLEASE MARK THE EVENT(S) YOU ARE ENTERING:

Elements	Basic Program	Compulsory Program	FreeSkate Program
____ Basic 1	____ Basic 1&2 Program	____ Freeskate 1	____ Freeskate 1
____ Basic 2	____ Basic 3&4 Program	____ Freeskate 2	____ Freeskate 2
____ Basic 3	____ Basic 5&6 Program	____ Freeskate 3	____ Freeskate 3
____ Basic 4	____ Basic 7&8 Program	____ Freeskate 4	____ Freeskate 4
____ Basic 5		____ Freeskate 5	____ Freeskate 5
____ Basic 6		____ Freeskate 6	____ Freeskate 6
____ Basic 7		____ Limited Beginner	____ Limited Beginner
____ Basic 8		____ Beginner	____ Beginner
		____ PrePreliminary A&B	____ PrePreliminary A
		____ Preliminary	____ PrePreliminary B
		____ Adult PreBronze	____ Preliminary
		____ Adult Bronze	____ Adult PreBronze
			____ Adult Bronze

ENTRY FEE IS \$30.00 PER EVENT, \$15.00 PER EACH ADDITIONAL EVENT, \$10 LATE FEE

Practice Ice 8:00-8:20am \$5.00 _____ First Event \$ _____

Practice Ice 8:20-8:40am \$5.00 _____ Additional Event \$ _____

Practice Ice 8:40-9:00am \$5.00 _____ Late Fee \$ _____

Total for practice ice, events, and late fee \$ _____

Certification of Competitor: The competitor is eligible to enter the event(s) checked. It is agreed that the competitor and family holds the Kettle Moraine Figure Skating Club/Kettle Moraine Ice Center and all members of such harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ Date _____

Instructor Signature _____ Date _____

Program Director/Club Officer _____ Date _____

Make check/money order payable to the Kettle Moraine Figure Skating Club (KMFSC) and mail

to:

Allison Brown: 3021 S. 21st St., Sheboygan, WI 53081

